

# PARUL UNIVERSITY

## JAWAHARLAL NEHRU HOMOEOPATHIC MEDICAL COLLEGE

Report- Motivational Seminar by Dr. Deepa Malik and Anand Kumar

**DATE:** 30 Nov. 2018

**PLACE:** Central Auditorium, Parul University

**CLASS:** Third and Fourth year BHMS

**NUMBER OF STUDENTS:** 100

**FACULTY MEMBER:** Dr. Polly Abraham



## **WHAT'S STOPPING YOU?**

On 30<sup>th</sup> November 2018 students of Jawaharlal Nehru Homoeopathic Medical College attended an enlightening & motivating talk arranged in the Central auditorium at Parul University where Dr. Deepa Malik (Paralympics winner) and Mr. Anand kumar (Mathematician and founder of super 30) were called upon as speakers.

The talk show started around at 11am which was hosted by Mariam and Wilfred. Students and faculties of Ayurveda, homoeopathy, and physiotherapy were present for the seminar. Wilfred gave a short and sweet introduction about Deepa malik. Then Deepa Malik herself told us about the challenges she had faced & how boldly she handled her ups and downs.

Deepa malik described how she ended up in wheels due to a tumour and all the phases she had to face in between. She also described about the importance of education she quoted **"Education empowers us to make choices"**. She also quoted **"Do not allow others to define your dreams your dreams are yours"**. In order to meet her own needs and to not become a financial liability she started a restaurant and shut the mouth of those who had doubt in how she can feed her children? She quoted **"Opportunity knocks at your door winners are those who walk through it"**. At age of 36 she participated at Maharashtra national for swimming. She even got car license and rally license after so many efforts to change the existing motor vehicle license. She was honoured with **'Women Transforming India'** award from prime minister of India. In 2012 she also received "Arjuna award." At age of 42 she entered Olympic and making India proud with her medal. She ended her session by telling the secret of her life **"Never give up."**

After the motivating session from Deepa Malik, Mr. Anand kumar was called upon stage by Marian she introduced him & told about the upcoming movie based on his Institute super 30 starring Hrithik Roshan. Mr. Anand started the session by showing slides of his students who came from poor background but had great potential and by joining super 30 got admissions in IIT and are now well placed. Mr. Anand told us about how he came up with the idea of super30, he himself was very interested & bright student of maths & very much supported by his father. He got opportunity to study in Cambridge University it was a joyful moment but he had no money to go there. In his journey to find money he saw play of castes & politics around him. Then he started taking classes which turned into super30. He had many rivals in his endeavour and his classes were attacked by the most wanted criminals on police chart. But at these entire situations his students gave him strength then he decided never to shut the class. He ended his session by giving 4 mantras for success....

**1) Thirst 2) Positive thinking 3) Persistent hard work 4) Patience.**

Later an interactive session was held and many questions were raised by the audience which was beautifully answered by the speakers. The talk show ended up by everyone singing and standing for national anthem & hoping to attend more and more such interesting PU talks again.

**Report prepared by: Rani Teresa Suresh (Fourth Yr. BHMS Student)**